

LIFEGUARD AND MANAGEMENT INSTRUCTIONS SUPERSEDE ALL RULES AND REGULATIONS.

Health and Safety Policies:

Refrain from socializing with lifeguards while they are on duty.

No animals allowed except service animals.

No alcohol or drugs allowed.

Report any injuries immediately.

Take a cleansing shower before entering the pool.

Those with skin diseases or communicable diseases are not allowed in the pool.

Follow CDC guidelines: no swimming if you've had diarrhea in the last two weeks.

Do not swim when you have diarrhea.

Do not urinate or defecate in the pool.

Use the bathroom before swimming and take frequent breaks.

Change diapers in the bathroom, not poolside, and dispose of them properly.

Do not swallow pool water.

Practice good hygiene.

Take children on bathroom breaks frequently.

Wash children thoroughly with soap and water before swimming.

Follow lifeguard instructions and do not distract them.

All infants and toddlers and any other incontinent person must wear a disposable swim diaper AND either plastic pants or a swim diaper cover with tight fitting legs.

Age Limit and Supervision:

Children 8 years and under must be supervised.

No children under 12 admitted alone without swim test or supervision.

Behavioral Guidelines:

No running on the pool deck.

No rough play, including but not limited to, chicken fights, dunking, or jumping on top of someone else.

Foul language is prohibited.

No spitting, urinating, or defecating in the pool.

Minimal public displays of affection.

Swimming Rules:

Only authorized staff may provide swimming instruction.

Weak or non-swimmers must stay in shallow water.

Lifejackets are available and free of use to the public. Must be coast guard approved I, II or III.

No prolonged underwater swimming or hyperventilation.

No diving in water less than 9 feet deep.

Swimming Equipment and Toys:

Use of pool toys is allowed at the discretion of the manager.

Toys should be rated for water play.

No inflatable devices in the pool.

No electronic toys in the pool.

Use of snorkels, and other diving equipment is prohibited.

Water basketballs are provided by the Rec.

Swimmers must be able to retrieve their toys.

Diving Well & Water Slides Rules:

Weak and Non-swimmers are not permitted on the slide.

Only one person is permitted on the slide at a time.

Only one person on the diving board at a time.

No flips off the diving board.

No rafts or inner tubes allowed in the diving board area.

No flotation devices (including lifejackets) are allowed in the diving well.

Only one person on the diving board at a time.

Divers must dive straight and not bounce on the board.

No flotation devices on the slide.

Enter and exit the slide feet first only.

Swim Test for Diving Well & Slides:

Swim on top of the water the width of the pool.

Swimmers looking to pass should not touch the bottom of the pool or the walls.

Swimmers will then jump into water and submerge, recover, and then tread for 45 seconds.

Treading is using your arms and legs to keep your head above water while staying in the stationary position.

The final step of the swim test is to back float for 15 seconds.

Locker Rooms and Swimwear/Attire:

Proper swim attire is required.

Locker rooms will be closed and cleaned 30 minutes prior to closing.

No personal grooming in the facility.

Only clothing designed for swimming is allowed.

Cotton clothing and underwear are not allowed.

No thongs, see-through bathing suits, or overly loose suits.

Allowed swimwear includes chlorine-proof and colorfast clothing, one-piece bathing suits, two-piece bathing suits, swim shorts, swim skirts, swimming trunks, swim shirt/rash guard, full swimsuit, wet suit (must not have been worn outside), and water shoes (must not have been worn outside).

Admission Policies:

Admission fees are required for all individuals entering the facility.

All patrons must pay or show proof of pass/registration.

No one allowed in the pool area when closed.

Admission fees only cover specific programs.

Group Policies:

Large groups must contact pool management before visiting.

Adult supervision required for groups of children.

Special rules apply to summer camp groups.

Grounds/Pavilion Rules:

No food or beverages in indoor facilities except in designated areas.

No grills or cooking devices allowed.

No alcoholic beverages allowed.

No weapons, glass containers, or smoking.

Facility equipment and areas must be used appropriately and shared.

Please pick up trash.

Disciplinary Actions:

First offense: a warning will be issued.

Second offense: the offender will be benched for a period of time.

Third offense: the offender will be given a suspension from the pool.

Serious offenses may warrant immediate suspension/expulsion from the pool.

Corrective actions: warning, benched, suspended, expelled.

Benched individuals must remain until released by pool staff; early removal results in expulsion.

Personal Items:

Please limit personal items brought to the pool.

The facility is not responsible for lost or stolen items.

Weather/Closing Policy:

Immediate closure for lightning or thunder, remaining closed for 30 minutes after the last visible lightning strike or thunder.

Outdoor pools close during non-lightning storms and reopen after 20 minutes.

Outdoor pools may not open below 10°C (50°F) or if below 70°F, based on safety considerations.

Pool may close early for inclement weather or low attendance.

Pool closed if air temperature is 60 degrees or below.

Closure if staffing levels fall below regulations.

Closings and delayed openings for bad weather or low attendance will be decided by the manager.

Rain checks or refunds will not be issue.